What Are Drugs?

Chapter 5 Lesson 1 Part 3

ByDesign Science, Level 4 By Allyssa Sharpe

- What is a drug?
 - changes the body's functions and affects the body, mind, or behavior
- What is a medicine?
 - A legal drug that can help protect people from sickness, or treat or cure a sickness
- What two things should you never do with your medicine?
 - Never take more than is prescribed
 - Never take (or give) medicine that belongs to someone else

- What is an illegal drug?
 - A drug that it is illegal to sell, buy, or use
- What can illegal drugs do to your body?
 - Can damage organs so badly they do not function properly
 - The heart may stop beating
 - The person may stop breathing

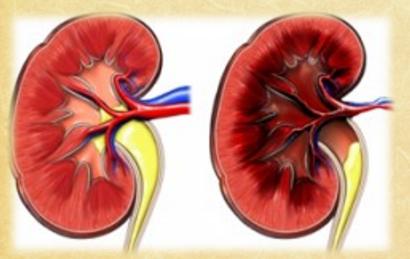
- What are the two main classifications of drugs?
 - Prescription medication and OTC
- What is a prescription medication?
 - a drug that must be prescribed, or ordered, by a doctor or other health-care professional
- What is an over-the-counter medication?
 - A drug that does not need a prescription

 Anabolic steroids are drugs made to act like certain hormones.

Doctors prescribe them for some medical conditions, but some people abuse them to get larger muscles.

- You may have heard in the news about some famous athletes who have used steroids.
- The athletes lost the support of their fans who believed they had reached their goals dishonestly. More importantly, they may have damaged their long-term health.

- Many people stay away from steroids. That is good!
- Steroids do a lot of damage.



 They can cause young people to stop growing, raise blood pressure, cause severe acne, and can have harmful effects on the body's organs.

 Other people think they will feel good by sniffing or inhaling substances that were never meant to go into the human body. This is drug abuse!

 These abusers will slowly inhale certain household products such as hair spray or paint thinner, which can make a person feel intoxicated,

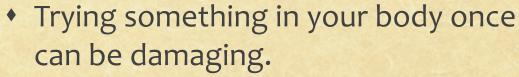
or drunk.



- But the chemicals in these products take the place of oxygen in the lungs.
- As the chemicals travel through the body, they can damage the brain, heart, kidneys, and liver.
- Inhalants can cause a person to stop breathing or suddenly cause a person's heart to stop beating.
 Then death occurs.

- Drugs are chemicals that harm your body and can possibly kill you.
- However, may people who abuse drugs do not realize all the harmful effects these drugs have on their bodies.





 Trying something without knowing the risk or thinking that once will not hurt is dangerous behavior.

 For this reason, many drugs are called "silent killers."



If you abuse drugs, they will abuse you

- In the next lesson, you will learn about two substances that are definitely silent killers – alcohol and tobacco.
- Although alcohol and tobacco are legal for adults to use, they are illegal for children to use.
- Many people use these drugs because they do not notice the harmful effects on their bodies right away.



- Alcohol is a powerful liquid drug found in beer, wine, and liquor.
- <u>Tobacco</u> is a plant with leaves that people smoke or chew.
- It is in cigarettes, cigars, pipes, snuff, and other products.





- One of the dangerous poisons found in tobacco is nicotine.
- Nicotine is a powerful addictive drug.
- Once a person starts using nicotine, it is difficult to stop.

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- What is a silent killer?
 - When you try something without knowing the risk or thinking that once will not hurt
- What are two examples of silent killers?
 - Alcohol and tobacco
- What is alcohol?
 - a powerful liquid drug found in beer, wine, and liquor
- What is tobacco?
 - plant with leaves that people smoke or chew